Get into Newcastle

NE1 WOMEN’S DAY WINNERS
We’re celebrating International Women’s Day in Newcastle with some of the city’s most inspiring people and events.

PERFECT YOUR PANCAKE DAY
Are you a sucker for the sweet stuff? We’ve got just the treat this Pancake Day as we pick out NE1’s top spots for Shrove Tuesday.

CELEBRATE WORLD BOOK DAY
Budding bookworms should flick to page 21 for top tips and tricks on how to celebrate World Book Day in Newcastle this year!
EMPORIUM

SUNDAY
MARCH 10TH 2019

CHEESE
MEATS
VEG

Spirits
Craft
& More

Best in Class Showcase for the Innovators, Growers, Producers & Artisans of the North East.

BOILESHOP.NET
Wow, it’s March already — although recent weather suggests spring is on the way, it will probably be snowing again by the time this gets to print. Which reminds me of this time last year with the ‘Beast from the East’ — fingers crossed for no repeat this year!

Regardless of the weather, the first week of March brings a nice balance of events. Firstly, Pancake Day on Tuesday 5th - when I really am going to be spoilt for choice on both where to go and whether it is sweet or savoury pancakes (perhaps both?). There are certainly plenty of options in the city to indulge in traditional, American or even hanging pancakes!

Whichever I choose, I am certainly going to count this as carb loading in preparation for the This Girl Can celebration of International Women’s Day at Exhibition Park on Thursday 7th March where I am going to attempt to run 5k for the first time in a very long time (perhaps since school cross country, or that run across Amsterdam airport to catch a connection!). If I have over-indulged though, there is also a one mile option - and with my neon accessories, it’s certainly going to be a lot of fun!

MARCH BRINGS A NICE BALANCE OF EVENTS
NORTHERN STAGE
Where There’s Muck There’s Bras
13 MARCH Make your way to Northern Stage this March for a comedy show about the real Northern Powerhouse - northern women! With stand-up comedian and poet Kate Fox, and actor Joanna Holden at the helm, this promises to be a great show with great humour! northestage.co.uk

ST JAMES’ PARK
Fortnite Battleground
1 - 3 MARCH Fortnite fans are in for a treat this March as EStars brings the biggest battleground to the North East. Show other players what you’ve got in a title-chasing tournament to be in with the chance of winning a big cash prize at the final round in London! estars.pro

TYNE THEATRE & OPERA HOUSE
Carl Hutchinson: ‘I Know I Shouldn’t Behave Like This…’
2 MARCH Have a laugh with Carl as he brings his new show ‘I Know I Shouldn’t Behave Like This…’ to the Tyne Theatre & Opera House stage. From buying a house to having kids, he talks us through his giggle-worthy grown up issues! tynetheatrendopenhouse.uk

DISCOVERY MUSEUM
Strong Women Science
10 MARCH Take the family to the Discovery Museum this March for a jaw-dropping show starring female scientists-turned-circus performers. Aoife and Maria will reveal the scientific secrets behind their astounding tricks! discoverymuseum.org.uk

NE1 GEORDIE JACKPOT
MAKE MARCH A MONTH TO REMEMBER WITH CASH PRIZES, EXCITING EXPERIENCES, CHARITY SUPPORT AND MORE!
The Geordie Jackpot is the gift that just keeps on giving! Don’t forget to enter our NE1 lottery to be in with the chance of winning BIG on a weekly basis! What’s more? Your support also helps our great city become an even better place, supporting future initiatives and charitable causes. Buy your tickets online for just £1!
geordiejackpot.co.uk
THEATRE ROYAL

Saturday Night Fever

5 - 9 MARCH Get ready to smile, dance and sing your heart out as Saturday Night Fever brings its sensational soundtrack to the Theatre Royal! Paying homage to the 1977 John Travolta classic, this show promises more drama, music and hot new choreography than ever before! theatreroyal.co.uk

Tyneside Cinema

The Sleeping Beauty – Bolshoi Ballet

10 MARCH Princess Aurora falls under the curse of evil fairy Carabosse – drifting off into a deep slumber of one hundred years. It’s the tale we all know and love, told by the beautiful Bolshoi Ballet and screened at Tyneside Cinema. tynesidecinema.co.uk

SAGE GATESHEAD

KT Tunstall plus Laurel

11 MARCH Singer songwriter, KT Tunstall is back in business with her latest studio album, ‘WAX’. With support from Laurel, she’s taking to the Sage stage for a must-see evening of live music! sagegateshead.com

GREAT NORTH MUSEUM

Scribbles and Sketches

9 MARCH Take tots to the Great North Museum for a Scribbles and Sketches session, where they’ll have a go at drawing, tracing and colouring pieces from the gallery’s handling collection. greatnorthmuseum.org.uk

WATERSTONES

Crime and Wine Evening with Mari Hannah


HOOCHIE COOCHIE

Joel Culpepper

8 MARCH Joel Culpepper is making his way back to Hoochie Coochie this March for a must-see NE1 performance! Described as ‘the UK’s answer to Andre 3000 and Frank Ocean’, music-lovers won’t want to miss this show! hoochiecoochie.co.uk

NEVER A DULL MOMENT

PARK FOR FREE AFTER 5PM

Eat, drink, shop – LOVE your city!


PARK FOR FREE HERE:

Alive after five

Shop late, PARK FREE!
GET INTO NEWCASTLE // 6

Word on the Street

GET YOUR FESTIVAL HIT
We’ve got another ‘Mega Music May’ to look forward to in NE1 this year and we’re kicking things off with Hit The North Festival 2019! This electrifying inner-city music festival brings big headline acts such as Jake Bugg, Tom Grennan, Shame, The Blinders, Catherine McGrath, Blaenavon and Dylan Cartlidge, to the stage. What a line-up! Building on the success of the last two years, the live music event will once again bring a May bank holiday packed with major music for all to enjoy! Held across 12+ city centre venues with many more artists to be announced, this is a must-attend festival for music-lovers of the North East and beyond!

hitthenorthfestival.co.uk

Get Your Festival Hit

OH I DO LIKE TO BE BESIDE THE SEASIDE
As our thoughts turn to spring, we’re all seeking out sunshine moments to fill our diaries as the nights get lighter and the days get warmer! Well, we’ve got just the news you want to hear… our NE1 Quayside Seaside is returning in April and we’ve got heaps of fun for families to get stuck into throughout the warmer months! Prepare for those sun-soaked afternoons on the Costa del Tyne. Whether you like to while away the afternoon with a book or a bit of shut-eye in the sun, lunch it up al fresco, or keep the kids entertained in the sand, there’s something for everyone to enjoy at the Quayside Seaside! Get your buckets, spades, sunglasses and straw hats at the ready and make sure our pop-up beach is part of your spring/summer social calendar this year. We can’t wait to see you on the sand! Find more information on events and new additions to the city beach at: getintonewcastle.co.uk

Catherine McGrath

Movie Makeover

MOVIE MAKEOVER
Film-buffs are in for a treat in NE1 this season as Cineworld Newcastle ups its game with a massive makeover! This mega movie hub inside The Gate has revamped its facilities – introducing 4DX experiences, a new 390 seat Superscreen, nine auditoriums updated with new seats and bigger screens, a smart new foyer, Starbucks cafe and the unveiling of ScreenX this March! ScreenX creates a truly unique 270-degree viewing experience, originally launched in South Korea. Cineworld Newcastle is the ninth cinema in the UK to install this revolutionary new technology. Make sure you check it out this spring!

cineworld.co.uk

Catherine McGrath

Tom Grennan
ROLL UP FOR A QUAYSIDE RUGBY VILLAGE

There’s just three months to go until the Heineken Champions Cup Final at St James Park, and we can’t wait for the rugby-fuelled antics to kick off in NE1! From 10 - 11 May 2019, Newcastle is playing host to European rugby’s biggest weekend in the sporting calendar, with the Challenge Cup Final taking place on the Friday night and the Heineken Champions Cup Final being held on the Saturday - both at the home of the Magpies. Rugby fans are in for a treat as the city comes to life, with a carnival-like atmosphere spreading from St James’ Park down to the Quayside, where a Champions Rugby Village will be set up and filled with family-friendly activities, food and drink stalls and a stage with big screen entertainment. It’s the perfect opportunity to get in on the sports action before the games or a place to enjoy the atmosphere if you haven’t got a ticket to the main event! getintonewcastle.co.uk

THE NEW KID ON THE BLOCK

We’ve got some big news for the social butterflies of Newcastle! Banyan, a super stylish bar and restaurant with sites already in Leeds, Harrogate, Manchester and York, is putting down roots in NE1 this month! The beautiful new site will be settling into its stunning new location on the site of Jamie’s Italian - with glorious views down Grey Street - and it will be serving up a superb selection of food and drinks. Opening on 30th March 2019, you must add this brilliant new venue to your social calendars for the spring/summer season ahead! arcinspirations.com

THE BIG ONE IS BACK!

The Big One is back in NE1 this March as the Newcastle Falcons take on Sale Sharks in a Gallagher Premiership clash at St James’ Park! On Saturday 23rd March at 5.30pm, the whistle will blow to kick off a gripping contest in front of a club record crowd of 30,174 at the home of Newcastle United. This spectacular sporting event will start a superb run of rugby action in NE1 for 2019. Don’t miss out on the chance to swap football for rugby at St James’ Park this spring! Buy tickets online at: newcastlefalcons.co.uk

PUPPET PERFECTION

Moving Parts’ Newcastle Puppetry Festival is back! From 6 - 14 April 2019, culture vultures can expect another week of puppetry, stop animation and visual theatre for adults, children and families. Spread across seven city centre venues, this unique festival promises a bigger and better programme than ever before - with performances by national and international puppeteers, free outdoor events featuring giant puppets, workshops for professionals and beginners, masterclasses, and more! Alphabetti Theatre will be the festival hub throughout the week and will host many of the cabaret and small stage shows for adults. Dance City will house the three main stage shows: Noone’s Lane, The Seed Carriers and Coulrophobia. Another highlight is the Puppetry For Children Day on Saturday 13th April in the Ouseburn Valley, which will include free performances at Ouseburn Farm and Cluny 2, as well as ticketed shows and workshops at Seven Stories. The festival will close with a Blow Out Party featuring bands Offworld Dreamers and Henge, who will take audiences on a journey to ethereal realms and space! newcastlepuppetryfestival.co.uk
A LOOK BACK AT...

Chinese New Year

2019: THE YEAR OF THE PIG

February saw another colourful Chinese New Year celebration in NE1! Ringing in the Year of the Pig, our city came together for a Chinatown carnival!

Complete with themed floats, dragons, drummers, dancers and flag wavers, our city’s Chinese community reminded us, once again, why we love the vibrant Chinese New Year celebrations in Newcastle! The Year of the Pig parade made its way from Old Eldon Square, under the Chinese Arch, along Stowell Street and finished up on Bath Lane. Take a look back at this cultural city centre event in photographs...

Fun for all the family!

Dragon dancing parade
NE1
SHOP’TIL 8
OUT ’TIL LATE
with free parking

Find out where to park free after 5pm at getintonewcastle.co.uk
JOAN COLLINS
Global superstar, Dame Joan Collins, arrives at the Tyne Theatre & Opera House with her one-woman show. The actress, author and columnist will enthral audiences with exciting stories and secrets from her glittering career, before answering burning questions from the audience about her extraordinary life. It promises to be an unforgettable evening and a once-in-a-lifetime opportunity for fans to spend an intimate and entertaining night in the company of a true Hollywood legend.

VISION STRING QUARTET
Head to Sage Gateshead to watch young Berlin-based ensemble, Vision String Quartet, show off their talents live on stage. Known and loved for the quality and intensity of their playing, their wide-ranging repertoire and for performing from memory, together they guarantee an inspiring, memorable night of music.

Not your cup of tea?

ART
CURATOR’S TOUR OF ‘EXPOSED: THE NAKED PORTRAIT’
Go behind the scenes on a tour of the jointly curated exhibition between the National Portrait Gallery and the Laing Art Gallery this Wednesday. Join curator Amy Barker for an introduction to the display, highlighting its themes and ideas along the way. £4, 12.30pm. Laing Art Gallery, laingartgallery.org.uk

FILM
THE FINAL GIRLS: WE ARE THE WEIRDOS II
Feminist horror film collective, The Final Girls, present a selection of short films from some of the most exciting new female voices in international genre cinema. Learn about the films that delve deep into the darkest corners of the human experience at this Tyneside Cinema event. From £7.25, 8.30pm. Tyneside Cinema, tynesidecinema.co.uk

MUSIC
POLO
Music-lovers are in for a treat this Wednesday as SSD Concerts presents Polo at The Cluny. A must on your do-this-diary in NE1 this week! £7, doors 7.30pm, curfew 11pm. The Cluny, thecluny.com

SPORT
NUFC VS BURNLEY FC
Take a seat at the Toon arena this Wednesday for a bit of mid-week football under the floodlights. Cheer on the boys in black and white as they take on Sean Dyche’s Burnley! Prices vary, 7.45pm. St James’ Park, nufc.co.uk

THEATRE
PLAYING UP 9
Playing Up are back at Northern Stage with their ninth night of new writing from the North East. Check in for a truly unique evening of writing, comedy and drama from the region’s up-and-coming talent. £8, 8pm. Northern Stage, northernstage.co.uk

More listings online
GETINTONEWCASTLE.CO.UK

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e-mail listings@ne1magazine.co.uk
Plenty more in NE1...

FILM
ALL ABOUT EVE To celebrate Oscars season, Tyneside Cinema is bringing some classic movies to its screens! This Thursday, film-buffs can check in for a screening of All About Eve - telling the tale of an aspiring actress on Broadway. £5.50, 1.30pm. Tyneside Cinema, tynesidecinema.co.uk

MUSIC
BRENDAN COLE LIVE: SHOW MAN Brand new for 2019, Brendan Cole leads his stunning cast in a thrilling, on-stage extravaganza of music and dance, from beautiful ballroom to high-energy latin! See the very first winner of Strictly Come Dancing live at Sage Gateshead this Thursday! From £23.40, 7.30pm. Sage, sagegateshead.com

BLUE ROSE CODE Blue Rose Code are in the Toon this Thursday, taking to The Cluny stage for one night only. Ross Wilson is the man at the helm, bringing new tunes to the table this February! £8, doors 7.30pm, curfew 11pm. The Cluny, thecluny.com

THEATRE
REBUS: LONG SHADOWS Ian Rankin is bringing his beloved creation to the stage for the very first time. Watch the story of retired Detective Inspector John Rebus unfold on stage at the Theatre Royal. From £16, 2pm & 7.30pm. Theatre Royal, theatreroyal.co.uk

TALKS & WORKSHOPS
DAN SNOW - AN EVENING WITH THE ‘HISTORY GUY’ ON THE HISTORY HIT UK TOUR 2019 Make a date with Dan Snow (aka The History Guy) at Sage Gateshead, where the historian and TV presenter will recount memorable experiences from his very successful career. Don’t forget to stick around for the after-show Q&A! £27.30, 8pm. Sage, sagegateshead.com

Getting to know our neighbourhood faces

NAME: DAN WHYTE
JOB TITLE: CITY CENTRE NEIGHBOURHOOD SERGEANT

A DAY IN THE LIFE OF YOU…
My role as the Neighbourhood Sergeant means I have a team of police officers and police community support officers to oversee. As a team, we set about problem solving to help make the city an even better place.

THE BEST BIT ABOUT YOUR JOB…
I love my job! I’ve been a police officer for close to 10 years and I can honestly say I’ve never enjoyed a role so much. I joined the police like most… ‘to make a difference’. My role is to ask the community what effects them and then act on it. Every effort doesn’t always get the results we hope, but the team and I try every day to help this amazing city.

WHEN YOU’RE NOT DOING YOUR WORK THING YOU ARE…
I have a wife and two children (2 & 4) with a third on the way, so as you can imagine, it’s pretty hectic, but I love spending time with my family. I actually come to work for a rest - believe it or not!

IF YOU WERE TO JOIN THE NE1 TEAM YOU WOULD…
Give the Street Rangers team a hand! I have huge respect for them and we have a great relationship in the city centre. Whenever I see them they are hard at work. I honestly don’t think the city would be the same without them!

A QUICK MESSAGE FOR THE PEOPLE OF NEWCASTLE…
We, the City Centre Neighbourhood Team, are only as good as the information we have. We are always looking at new ways to engage with the people of Newcastle. I assure you we want to ensure this city is as safe and wonderful as can be. If you see us walking around please stop and talk to us - we want to hear from you. If you want to speak with me directly to raise any concerns or have any ideas how we can engage more with the community feel free to email me at: 466@northumbria.pnn.police.uk. northumbria.police.uk

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email listings@ne1magazine.co.uk
THE MUSIC OF JIMI HENDRIX - WITH THE LUKE BOWMAN TRIO
The Luke Bowman Trio are in the Toon this Friday to bring ‘The Music of Jimi Hendrix’ to Wylam Brewery. Three of the UK’s top session musicians join forces to re-create the raw energy, musical talent and inspiring tunes of the original ‘Jimi Hendrix Experience’. Expect to hear all of Jimi’s biggest hits and more - packed into a perfect performance with plenty of energy to keep you moving! You won’t want to miss this. Book your tickets online at: wylambrewery.co.uk

Sleaford Mods
Sleaford Mods, one of the most politically-charged and thought-provoking duos in the music market, are taking to the Boiler Shop stage this Friday. They are certainly making their mark on the UK music scene and they’re ready to impress North East audiences with their vocals and important messages. Don’t miss this evening of intriguing music in NE1! boilershop.net

FORTNITE BATTLEGROUND @ ST JAMES’ PARK
Calling all Fortnite fanatics! Can’t peel yourself away from the game that everyone’s talking about? Got the skills to beat your mates? Ready to take on other players? Make your way to St James’ Park this Friday for a Fortnite BATTLEGROUND from Friday 1st - Sunday 3rd March. Gamers are invited to battle it out against other players to win cash prizes. The nine Fortnite fans with the highest scores across the three days will win a spot at the final at Chelsea’s Stamford Bridge in London on Sunday 31st March, where they will battle against players from across the country to scoop the grand prize of £25,000! Fancy your chances? Join EStars for the ultimate battleground for North East gamers! estars.pro

There’s more!

CLUB
DIRTY LITTLE SECRET
Get down to Newcastle’s very own palace party for a night of house anthems, old school hip hop and R&B. Tup Tup Palace is the place to be this Friday - round up your pals and don’t miss out! £5 earlybird tickets available, 11pm. Tup Tup Palace, bigbadrobot.com

COMEDY
MR SHINDING COMEDY REACTS TO… TRUMP THE MUSICAL
Comedy duo Hal Branson and Joby Mageen turn up at the Alphabetti Theatre this Friday to give their take on Trump the Musical! £6, £4 concession, 9.30pm. Alphabetti Theatre, alphabettitheatre.co.uk

FOOD & DRINK
COCKTAILS & CANAPÉS
Cocktail sippers are in for a treat as Blackfriars brings its Cocktails & Canapés masterclass back to the Cookery School! Have a go at making your favourite tipples and watch as the chefs demonstrate the art of canapé-making. £45, 6pm - 9pm. Blackfriars, blackfriarsrestaurant.co.uk

FRIDAY NIGHT AT THE HUDSON
Get your gladrags on and get down to The Hudson this Friday for an evening of high-end drinking and dancing! With resident DJs playing an eclectic mix of funk, soul and jazz, and plenty of cocktails to work your way through, you’re sure to start the weekend in style! Free entry, until 12am. The Hudson, hudsonnewcastle.co.uk

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SAM LEWIS + TOM BLACKWELL
Through his soulful vocals and country-blues roots, Sam Lewis has pieced together a magnificent musical story that people just need to hear! He received top reviews for his debut album ‘Waiting On You’ and continues to wow audiences with his unique style. See him at Newcastle’s Live Theatre this Friday, with support from Tom Blackwell, a Liverpudlian singer last seen in the North East as part of the SummerTyne Festival.
Don’t miss this evening of electrifying music! live.org.uk

CHAOPHRAYA
Enjoy classic Thai and signature dishes with a view out to Grey’s Monument and a stunning covered rooftop terrace
CHAOPHRAYA.CO.UK
FEBRUARY – OCTOBER 2019
THEATRE IS LIVE.

Live Theatre is operated by North East Theatre Trust Limited, a registered charity number 513771, company registration number 1697756
Live Theatre, Broad Chare, Quayside, Newcastle upon Tyne, NE1 3DQ

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#TheatreIsLive

(0191) 232 1232  www.live.org.uk
Get crafty
Channel your inner artist this Saturday as the Laing Art Gallery invites 10-15 year olds in for an inclusive class with professionals. Make an abstract weaving, draw a futuristic city and try your hand at mosaic design. laingartgallery.org.uk

Hollywood glamour
It’s Oscars night over the river at Sage Gateshead and it’s set to be a glitteringly good bash! Roll out the red carpet and watch in awe as the Royal Northern Sinfonia sweep you down Hollywood Boulevard. A glam tribute to some of the greatest movies of all time! sagegateshead.com

Cool choir
St John the Baptist Church’s young musicians gather this Saturday for a highly entertaining afternoon of choral and organ talent in the Toon. Free entry, from 12.30pm. stjohnthebaptistnewcastle.co.uk

Folk feels
Check in for an evening of alternative folk tunes this weekend at Wylam Brewery. Join Villagers as they take to the stage, bringing their 2018 album ‘The Art of Pretending to Swim’ to life in NE1. wylambrewery.co.uk

Crack with Carl
Join Geordie comic, Carl Hutchinson at the Tyne Theatre & Opera House for his side-splitting new show, ‘I Know I Shouldn’t Behave Like This...’. It’s exactly what it says on the tin... Carl takes his unique adolescent approach to grown up issues. You’ll be rolling in the aisles! tynetheatreandoperahouse.uk

Soul session
Join Brit Award-winning artist, Lemar, this Saturday for an evening of Soul Legends at Newcastle City Hall. Relive all your favourite soul anthems from iconic artists including: Barry White, Lionel Richie, Earth Wind & Fire, Michael Jackson and Tina Turner! thetrearoyal.co.uk

Back to the 80s
Join our friends at World HQ this Saturday night for the ultimate 80s extravaganza dedicated to the soundtrack we all know and love! From Footloose and Flashdance to MJ and Madonna, this club night guarantees good times with your squad in the Toon! From £5, 11pm. World HQ, welovewhq.com

More on Saturday

CLUB
BACK TO THE 80s Join our friends at World HQ this Saturday night for the ultimate 80s extravaganza dedicated to the soundtrack we all know and love! From Footloose and Flashdance to MJ and Madonna, this club night guarantees good times with your squad in the Toon! From £5, 11pm. World HQ, welovewhq.com

FILM
BITE SIZED NORTHERN BALLETETS: ELVES & THE SHOE MAKER Northern Ballet’s Elves & the Shoemaker stamps onto the big screen at Cineworld this Saturday. With playful characters and spellbinding music, this adorably balletic for little ones is sure to have you dancing with excitement! From £5.70, 2pm. Cineworld, cineworld.co.uk

MUSIC
SINGING STELLAS Develop your vocal skills and harmony singing in a friendly and enjoyable atmosphere at Sage Gateshead. Pop along and sing a variety of musical styles in an all-female singing group for all abilities. Every Saturday during term time. £3.50 per session, 11am - 1pm. Sage, sagegateshead.com

TALKS & WORKSHOPS
TYNE THEATRE GUIDED TOURS 2019 Start Saturday with an inspiring visit to one of the city’s most historical buildings. A day out at the Tyne Theatre & Opera House will take you back 150 years! Get your theatre culture fix this weekend as the team take you on a tour of the Grade I Listed building. You’ll learn about the building’s fascinating history, tales of its stars and even its ghosts! £5, 11am. Tyneside Cinema, tynesidecinema.co.uk

Make March count with mountains of fun for the whole family in NE1...
More on Sunday

**ART**
DIGITAL CITIZEN - THE PRECARIOUS SUBJECT A new exhibition has popped up at BALTIC, drawing on the imagination of contemporary artists and inspiring ideas of citizenship in the digital age. Featured artists include Alan Butler, Daniela Ortiz, Jonas Staal and James Bridle. Don’t miss it! Free, 10am - 6pm. BALTIC, baltic.art

**DANCE**
TANGO LESSON AND MILONGA Once a month, professional dancers Liliana Tolomei and Santiago León run a tango class at The Globe, followed by a social dance, La Milonga de los Domingos. A friendly, intimate milonga with 100% traditional music from the Guardia Vieja. Class £10 (free access to milonga), milonga £4, 7.30pm - 10.30pm. The Globe, jazz.coop

**FOOD & DRINK**
2 FOR 1 DRINKS Make your way to The Gate’s Za Za Bazaar and end the weekend in style with 2-for-1 drinks. Offer valid on selected cocktails, wine and beer. What’s not to love? Za Za Bazaar, zazaizabazaar.com
SUNDAY LUNCH OFFER Enjoy a Sunday lunch from £11.50 at The Vermont Hotel’s Bridge Restaurant. A delicious feast with beautiful views across the Tyne. From £11.50, 1pm - 5pm. The Vermont Hotel, vermont-hotel.com

**MUSIC**
FOLKWORKS: NORTHERN HARMONY WORKSHOP Learn traditional American harmony singing from Northern Harmony! From shapenote to shanty, banjos to ballads, experience the richness of these musical traditions. £25, £15 (students), 12pm - 4pm. Sage, sagegateshead.com

**Snap happy**
Get snap happy this Sunday and tag us in your Insta snaps at: @NewcastleNE1! Pop your trainers on and grab your camera for a city centre mooch, snapping away as you go! Walk along the Quayside and capture the iconic bridges, photograph the Castle and pick out pieces of history and heritage.

**Shop ’til you drop**
A new month means a new wardrobe! Round up your friends, head into town and splash your cash at intu Eldon Square this Sunday. intu.co.uk/eldonsquare

**Slice masters**
Worked up an appetite? Pop to Pizza Storm for a post-shopping trip feast. Make your own masterpiece and enjoy slice after slice with your chums. We can't think of a better way to spend Sunday afternoon! pizzastorm.pizza

**Girl band**
Music-lovers are in for a treat in NE1 as Death Valley Girls arrive at The Cluny. On their third album ‘Darkness Rains’, the band chum out hyper-charged scuzzy rock every generation yearns for. A must-see! thecluny.com

**Mega music**
American nu metal band, P.O.D. and US rock band, Alien Ant Farm, join forces this Sunday for a must-see gig at Newcastle’s O2 Academy. With support from ’68, you won’t want to miss this magnificent evening of music! academymusicgroup.com

**Jukebox magic**
Postmodern Jukebox arrive at Sage Gateshead this Sunday with their ‘Welcome to the Twenties 2.0 Tour’. Their famous time-twisting musical collective is sure to blow North East audiences away! sagegateshead.com

**Cinema sweets**
Fancy a sweet treat this Sunday? Throw in a classic movie and we’re in! Swing by Tyneside Cinema for their monthly Afternoon Tea at the Movies. Enjoy oscar-winning sandwiches and home-baked cakes as a classic film takes to the big screen! tynesidecinema.co.uk

**Gag reels**
Matt and Hal are back in the Toon with their side-splitting panel show based on the movies! Expect ridiculous games and jokes aplenty as two teams of amazing comics battle it out at The Stand. thestand.co.uk

**FILL YOUR BAGS**
MOUTHWATERING MOVIE MOMENTS

**CAPTURE THE MOMENT!**
PIZZA PARTY!

**SIDE-SPLITTING PANEL SHOW**

**TIME-TWISTING TUNES AT THE O2**

**SCUZZY ROCK PERFECTION**
ART

CHRIS KILLIP: THE LAST SHIPS Check out Chris Killip’s photographs at the Laing Art Gallery this Monday. His work focuses on the lives of working people and their resilience of spirit while at the same time recording the steady decline of industrial Britain. Find out more about this exhibition - in situ until May 2020! Free entry (donations welcome), 10am - 5pm. Laing Art Gallery, laing.org.uk

FOOD & DRINK

STUDENT NIGHT Students are invited to join the fun at Mr Mulligan’s Space Golf every Monday. Enjoy 18 holes for just £5 and double up spirits and mixers for £1. What’s more? You’ll get free wings or nachos with any main meal! £5, from 7pm. Mr Mulligan’s Space Golf, mrmulligan.com

FILM

MONDAY NIGHT CULT CLASSICS It’s Monday, which means it’s Tyneside Cinema’s Cult Classics night! Check in for your film fix as the venue brings you one of the finest cult classics on the big screen. From £2, 8.30pm. Tyneside Cinema, tynesidecinema.co.uk

MUSIC

MUSIC LIVE UNDER FIVE: MINI MUSICIANS Take your budding musicians to Sage Gateshead this Monday for a Music Live Under Five session. They’ll get to sing, dance and play for an hour with a team of friendly live musicians. What’s not to love? £3.50 per adult/single child, 9.45am, 11am & 1pm. Sage, sagegateshead.com

BLOOD YOUTH British hardcore-punk outfit, Blood Youth, hit the Toon this Monday as part of their headline ‘Starve’ tour. Don’t miss their live gig at Think Tank? £10, 7.30pm. Think Tank?, yourfutureisdigital.com

More listings online GETINTONEWCASTLE.CO.UK

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Trixi Mattel: Skinny Legend Tour

She’s blonde, she’s the winner of RuPaul’s Drag Race All Stars season 3, she’s a ‘Skinny Legend’, and she’s bringing her brand new show to the Toon this Monday! Expect music, laughter and lots of surprises along the way! Pink lipstick at the ready for a side-splitting, all-round theatre adventure at the O2 Academy. academymusicgroup.com

Faking the News

Blow away the Monday blues and have a right good laugh at The Stand Comedy Club! Fed up with government, an establishment or what gets passed as modern entertainment? This is the place to be to let it all out! Faking The News is a satirical panel show that tears into the great and ‘so called’ good! Trump, Brexit, Kanye West... they’ve got it all covered! thestand.co.uk

Trixi Mattel: Skinny Legend Tour

Want more to do?

COLLABRO WITH SPECIAL GUEST KERRY ELLIE PLUS GEORGIA & THE VINTAGE YOUTH

Britain’s Got Talent 2014 winners, Collabro, have been voted ‘The Nation’s Favourite BGT Winner’, they’ve toured America and they’ve bagged a guest slot on Barry Manilow’s UK tour. They’re on Tyneside this Monday for a must-see gig at Sage Gateshead. Don’t miss out on the chance to see the most successful musical theatre recording group in the world! sagegateshead.com
Pie Week in NE1

Celebrate British Pie Week from Monday 4th March with a guide on where to find the nation’s favourite dish in NE1...

**REDHOUSE**
Calling all pie-lovers, Redhouse is throwing a week-long party for British Pie Week! They’ll be running their regular £9.99 pie and pint deal on Monday, £12 for two pies meal deal on Wednesday and unveiling a whole host of special guest pies. Don’t miss out on your chance to revel in Britain’s favourite dish at Redhouse. Feeling extra gluttonous? Double up on your pie for an extra £3 - now we’re talking! 32 SANDHILL, 0191 731 7872

**THE VICTORIA COMET**
The Victoria Comet are masters when it comes to the traditional British pie. Warming and hearty, each one is a masterpiece. This British Pie Week, foodies can get 20% off every pie when booking in advance. The team will be using some wonderful ingredients including ale, cider, sloe gin, rabbit, stilton, beef, pulled ham, pulled lamb, butter beans and mushy peas. There’s also some excellent vegan pie options. NEVILLE STREET, 0191 261 7921

**UNION ROOMS**
A venue that is a little out of the ordinary is celebrating British Pie Week with a pie that is a little out of the ordinary, too! The head chef at Newcastle’s stylish Union Rooms has created a rather special lamb shank pot pie; a spiced lamb shank, cooked very slowly for four to six hours, topped with golden puff pastry and served with root mash, seasonal greens and pan jus. Now, doesn’t that just sound as nice as pie?
WESTGATE ROAD, FACEBOOK.COM/UNIONROOMS

**BEALIM HOUSE**
A week celebrating the pie - a pub classic - is the perfect opportunity to visit Bealim House. With a whole host of excellent gastro dishes and special flavours for British Pie Week, this spot simply has to make it on to your foodie to-do list! Taking the humble pie and putting a unique spin on it, Bealim House has a brilliant choice of pies and sides to satisfy the taste buds.
GALLOWGATE, BEALIMHOUSE.CO.UK

**BARLUGA**
Our chums at Barluga are celebrating British Pie Week with some of their best-loved classic pie flavours presented in their own own and unique fine dining way. With four fantastic pie fillings available, all served with a selection of four types of mash and three types of peas, you simply won’t want to miss out on this perfect pie opportunity in NE1!
GREY STREET, BARLUGA.CO.UK

**DICKSONS**
Since 1953, each Dicksons recipe has carried a unique signature style - attention to detail and a taste for the new. The team has grown to more than 30 shops and are now the region’s largest family-owned provider of meat and food products. Visit Dicksons on Grainger Street and try their selection of homemade pies baked fresh in store daily!
GRAINGER STREET, MIDICKSON.COM

**THE WAITING ROOMS**
The wonderful people at The Waiting Rooms have teamed up with Pieminster to create a selection of award-winning pies using the finest British ingredients. Whether it’s the vegan special, a traditional steak and ale, or the mouthwatering moo and blue, there’s something to put a smile on everyone’s face. Any pie, mash, gravy and pint deal £10.
THEWAITINGROOMSNEWCASTLE.CO.UK
SATURDAY NIGHT FEVER
Marking 40 years since its famous UK cinema release, Saturday Night Fever is spectacularly reimagined in a big new music and dance extravaganza at the Theatre Royal. Paying homage to the 1977 John Travolta classic, the show promises more drama, music and hot new choreography - telling the story of Tony Manero, who escapes harsh working class realities while on a reckless, yet thrilling road to dancing success! Don’t miss this dazzling show! Don’t miss this dazzling show! thetheroyal.co.uk

COMEDY
MARK THOMAS: CHECK UP - OUR NHS @ 70 Edinburgh Fringe First Award Winner 2018, Mark Thomas, arrives in NE1 this Tuesday for a must-see show at Live Theatre. Based on a series of interviews with leading experts in the NHS, he uses his own demise to explore the state we’re in! £16, 8pm.
Live Theatre, live.org.uk

FOOD & DRINK
TONIGHT IT’S TANQUERAY Get down to Colonel Porter’s every Tuesday for all things Tanqueray. Gin is having a moment, so our friends at the 1920s-inspired bar are serving up the good stuff for a great price. Look out for special offers and limited edition cocktails. From 7pm.
Colonel Porters’ Emporium, colonelporters.co.uk

2 FOR 1 TUESDAY Take some time out for a tasty treat this Tuesday! Round up the troops and get down to Dobson & Parnell on Queen Street for 2-4-1 meals. Buy three courses and get another three for free. Yum! Every Tuesday.
Dobson & Parnell, dobsonandparnell.co.uk

PAD THAI TUESDAY Journey from the streets of NE1 to the bustling streets of Bangkok in no time when you step inside Zaap! Go here this Tuesday for delicious Pad Thai deals! £10 (for a Pad Thai and a selected Thai beer or soft drink), 11am - 11pm.
Zaap, zaapthai.co.uk

MUSIC
GRETA VAN FLEET One of the most buzzed-about rock bands of today, Greta Van Fleet, make their way to the O2 Academy stage this Tuesday, following the release of their debut album, ‘Anthem of the Peaceful Army’. Don’t miss it! Ticket prices vary - see online, 7pm.
O2 Academy, academymusicgroup.com

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Perfect your NE1 Pancake Day

OUR GUIDE TO A FLIPPIN’ GOOD FEAST IN NEWCASTLE THIS PANCAKE DAY...

**QUAY INGREDIENT**
Start the day exactly how you should on Pancake Day... with sweet treats for breakfast! Watch as the lovely team at Quay Ingredient dollop fresh batter on the crepe stove and cook up your yummy cinnamon dusted pancake feast! Truly scrumptious.
quayingredient.co.uk

**BLAKES**
Round up your best buds and take some time out at Blakes, Grey Street for all your pancake favourites on this fine day! Their American pancakes are served just how they should be - with bacon or fruit and topped, of course, with heaps of maple syrup. Yum!
blakescafes.co.uk

**LA PETITE CRÊPERIE**
Mix up your lunch break and make a date at the Grainger Market where you can pick up a perfectly rolled up pancake. Treat yourself to more sweet and savoury creations than you can swing a pan at! See you there.
facebook.com/LPCreperie

**LONG PLAY CAFÉ**
Take a trip state-side and try out Long Play Café’s Lumberjack Pancakes - a good hearty stack of American pancakes topped with bacon rashers, sausage, scrambled eggs and drizzled in sweet maple syrup. They’re certainly worth waking up nice and early for!
longplaycafe.co.uk

**CREAMS**
If you’re ready to go full swing into Shrove Tuesday, Creams is the place for you. You’ll be spoilt for choice with their dedicated menu of deliciousness. From their Crepe Au Oreo - pilled high with crumbled Oeros, to their Peach Perfect - packed with peach slices and drizzled with white chocolate sauce, there’s something to put a smile on every sweet-toothed visitor this Pancake Day!
creamscafe.com

“AMERICAN PANCAKES ARE SERVED JUST HOW THEY SHOULD BE - WITH BACON OR FRUIT AND TOPPED, OF COURSE, WITH HEAPS OF MAPLE SYRUP"
Meat: Stack has been on the move again... and now they’re serving up the good stuff at The Dog and Parrot on Clayton Street West. Go here Sunday to Thursday for a feast that’s sure to have you feeling good in no time! Tuck in to a juicy cheeseburger with fries and a drink for just £10. Fancy a tipple? Add a selected craft beer can for just £2. What’s not to love? If you are burger mad, this is just the place for you! meat-stack.com

LANÇÔME MAKEUP MASTERCLASS
Makeup-lovers should make their way to the Lancôme beauty counter in Fenwick this Wednesday, for a masterclass in conjunction with the launch of the brand’s beautiful new foundation, Teint Idole Nude. Top class makeup artist, Marek Hegli, who has recently been creating glamorous red carpet looks at the BAFTAS, will be hosting the event in NE1. Join him for a 1.30pm - 3.30pm session or a 5pm - 7pm session. Brilliant beauty buys for the spring season - this is a must-attend for forward-thinking cosmetics shoppers! To book your appointment, call Fenwick on: 0191 2325100 - and ask for the Lancôme counter.

EGYPTIAN BELLY DANCE BEGINNERS (16+)
Fancy learning some new moves this March? Why not book a place at Dance City, where budding-dancers aged 16+ are invited to perfect their Egyptian belly dancing skills! Predominantly a social dance, belly dancing is as fun as it is feel-good. You’ll improve muscle tone, you’ll link up new moves and you’ll be dazzling on the dancefloor before you even know it! Dance City’s Egyptian Belly Dance class is fantastic way to work out and feel good! dancecity.co.uk

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World Book Day

WHERE TO SHOP, SCOUR AND CHECK IN FOR STORYTIME IN NE1 THIS WORLD BOOK DAY! WHETHER YOU’RE PLAYING DRESS UP, SEARCHING FOR YOUR FAVOURITE STORIES, OR JUST WANT TO GET YOUR LIT FIX, WE’VE GOT YOU COVERED...

SEVEN STORIES
Take tots to Seven Stories for exciting exhibitions, fancy dress and fun with elephants and tigers! Arrive bright and early at 9am for a delicious breakfast with a tiger, inspired by Judith Kerr’s much-loved children’s book, The Tiger Who Came to Tea. After tucking into toast with jam and apple and banana slices, families will be able to explore the story behind ELMER and Friends: The Colourful World of David McKee. What’s more? Story-lovers are invited to bring the books that make them happy and dress up as their favourite characters this World Book Day. Plus pick up your World Book Day £1 books from the bookshop on the ground floor.

MAGIC BOX
Dressing up for World Book Day? Then get yourselves along to Magic Box - home to a huge and colourful collection of fancy dress costumes for the whole family! Whether big or small, old or young, you’re bound to find what you’re looking for, whether you’re in the mood to be Roald Dahl’s Charlie Bucket, Alice in Wonderland, Superman or Goldilocks!

LIT & PHIL
Lose yourself in some of literature’s best-loved, classic tales at Newcastle’s treasured library, The Lit & Phil. The city landmark is now home to around 170,000 books, with around 1,000 volumes being added each year. Scour the shelves in search of your favourite novels, or pick up something new. Everything from local interest and fascinating directories, to printed and recorded music, kid’s books and more!

WATERSTONES
Grown-ups are invited to Waterstones this World Book Day for a Crime & Wine Evening with one of the UK’s best-loved authors, Mari Hannah. The award-winning writer will be in conversation with the store’s very own crime expert, Jo. She’ll be discussing her book, The Scandal - the third in a hugely-popular series, based in Newcastle. Tickets are just £3 and include a Q&A session with Mari afterwards.

FLYING TIGER COPENHAGEN
Have fun with DIY goodies and create-your-own outfit kits this World Book Day at intu Eldon Square’s Flying Tiger Copenhagen! There’s plenty on offer to unleash your creative side.

PRIMARK
Hotfoot it to Primark on Northumberland Street and pick up the perfect onesie to reflect your favourite characters! Whether it’s tiger print, leopard print or your favourite princess PJs, you’re sure to find something cool!

BANG ON BOOKS
Make your little bookworm’s dreams come true with a personalised story book with a little help from the team at Bang On Books. Visit their website or their store beneath the railway arches behind the Life Centre, and let your imagination run away with you. A lovely gift and a memory to treasure forever!

XTRAS
Go all out with accessories and makeup at Xtras, intu Eldon Square! Looking for that final piece of jewellery to complete your look? Or a bit of face paint to finish your fancy dress masterpiece? This place is sure to sort you out!

Best dressed!

GET YOUR FANCY DRESS FIX IN NE1 THIS WORLD BOOK DAY WITH A TRIP TO THE FOLLOWING SHOPS...

INTU ELDON SQUARE

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uk.flyingtiger.com

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litandphil.org.uk

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magicboxfancydress.com

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intu.co.uk/eldonsquare/stores/xtras

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intu.co.uk/eldonsquare/stores/xtras
THE WAILERS
Reggae icons, The Wailers, make a triumphant return to the UK this year, bringing sunshine to stages across the country. Catch them at Newcastle’s O2 Academy this March, where they’ll be performing tracks from “Legend”, their hit album with Bob Marley. Don’t miss out on this electrifying evening of live music in NE1! academymusicgroup.com

JOEL CULPEPPER
Don’t miss your chance to discover the sound of new, breakthrough artist, Joel Culpepper, at Hoochie Coochie. With a distinctive style inspired by British fashion and modern culture, the South East London-born vocalist has been described as the UK’s answer to Andre 3000 and Frank Ocean. Grab some mates and boogie the night away to his smooth, soulful vocals! hoochiecoochie.co.uk

FRIDAY FIZZ
Kick-start the weekend with Friday Fizz at Harry’s Bar, Grey Street. Treat yourselves to fancy gin martinis and mojitos, sloe gin punch or perhaps a glass or two of sparkling prosecco to a soundtrack of feel-good tunes. harrysbarnewcastle.com

INTRODUCING ROSEANNA GRACE PHYSIOTHERAPY
We’re celebrating International Women’s Day with news of an inspiring new business specialising in women’s health and pelvic floor physiotherapy. If you’re a woman with wellbeing at the forefront of your mind this March, we’ve got just the thing for you. Roseanna Grace Physiotherapy is opening its doors with an exciting and informative launch event at its new home at 15a Clayton Road, Jesmond this weekend. Rosie is a clinical specialist physiotherapist for women’s health and pelvic floor conditions, working within the National Health Service and private practice. It is the first pelvic health-focussed clinic of its kind to open in the North East. The clinic is hosting a weekend launch event from 9th - 10th March 2019. Pop in for a glass of prosecco, nibbles and health goodies whilst finding out more about how pelvic floor health and specialist physiotherapy can help to manage unwanted symptoms. Rosie will be on hand to answer any questions you may have. For more information on the conditions the clinic can help with or to register your interest, please visit roseannagracephysio.co.uk or telephone Rosie on 0191 281 6084.

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GET INTO NEWCASTLE // 22
International Women’s Day 2019

TODAY IS INTERNATIONAL WOMEN’S DAY AND WE’RE CELEBRATING IN NE1 WITH OUR PICK OF INSPIRING EVENTS IN THE CITY

SPIN FOR SMART WORKS 2019
1 - 8 MARCH
Gear up for the North East’s most exciting cycling challenge! The week-long event runs from Friday 1st March until Friday 8th March - just in time for International Women’s Day! Teams of five will join forces to tackle the 500-mile challenge which represents the distance between all UK Smart Works centres. Our friends at Smart Works are challenging participants to go the extra mile, with the team who cycles the furthest being crowned the Spin Winner 2019! Start International Women’s Day with a feel-good attitude this year! To sign up, visit: smartworks.org.uk/spin-smart-works

NE YOUTH CELEBRATES INTERNATIONAL WOMEN’S DAY
7 MARCH
This year, NE Youth is kicking off the International Women’s Day celebrations a day early with a glitzy Gatsby-themed party at Colonel Porter’s Emporium! Expect games, talks, food, drinks, live music and dancing. The aim is to have fun and celebrate together as strong women! Tickets are available at: eventbrite.co.uk

THIS GIRL CAN 7 MARCH
This Girl Can is a celebration of active women who are doing their thing for fitness - no matter how well they do it, how they look - or even how red their face gets! Active Newcastle are working with the people of the North East to help women overcome the fear of judgement that is stopping them from joining in and championing active lives. This year, you can do your bit by coming together with local ladies! This year’s This Girl Can International Women’s Day event is taking place on Thursday 7th March at Exhibition Park, with the theme #BalanceForBetter. The main event is a This Girl Can 5k walk or run, with a one mile option also available. Take part or even just come and soak up the atmosphere. To sign up, look for This Girl Can on Eventbrite! activenewcastle.co.uk

#BALANCEFORBETTER 8 MARCH
COCO, an international children’s charity based in Newcastle, are proud to present #BALANCEFORBETTER, an event celebrating the success of women here in the North East and overseas in East Africa, whilst also looking ahead to what else needs to be done to achieve gender balance. Guest speakers at Newcastle University Business School will include inspirational women from across the region as well as the charity’s East Africa Partnerships Coordinator, Oswin Mahundi, joining the event from Tanzania. coco.org.uk

WOMEN IN SCIENCE AT EXPLORE 8 MARCH
In conjunction with International Women’s Day, Women in Science invites three inspiring professionals to speak about their current work as part of British Science Week 2019. Held at Commercial Union House, the event by Explore Lifelong Learning will see Dr. Azadeh Fattahi-Savadjani, Johanna Weston and Dr. Laura Greaves come together to talk about their work in the industry. weareexplore.org.uk
**Coffee chat**

Get your weekend off to a relaxing start at Theatre Royal’s Inside View Coffee Morning. Chat with fellow theatre-goers over tea and coffee and listen to an exclusive talk from a special guest, who will be sharing their interesting stories and answering questions from the audience. theatreroyal.co.uk

**Arty types**

Get crafty at Great North Museum’s Scribbles and Sketches session! During the fun drawing challenge, kids and grown-ups will meet some of the gallery’s handling collection, then have a go at drawing, tracing and colouring. All ages welcome! greatnorthmuseum.org.uk

**Mega music**

A ticket to Quadrophenia the Album Live at City Hall means you’ll get to witness the talents of eight-piece band, The Goldhawks, as they deliver a stunning live performance of The Who’s smash hit album, Quadrophenia. Backed with exciting large-screen projection of archival footage of the band, it promises to be an unforgettable show! theatreroyal.co.uk

**Folk fun**

Don’t miss your chance to see Findlay Napier, one of the finest songwriters and storytellers of the modern Scottish folk scene, and distinguished English singer-songwriter, Megan Henwood, together on stage at Live Theatre. As a joint act, they’ll be treating audiences to a blend of relaxing acoustic guitar and folk with emotion-stirring lyrics. live.org.uk

**Toon dinner date**

Make St James’ Park part of your Saturday night social this week as The Commitments take to the stage at a charity dinner raising funds for the Newcastle Foodbank. Enjoy a three-course feast with live entertainment, charity auction and late night disco! nufc.co.uk/events

**Party time!**

La Discothèque returns with their glittering disco carnival full of confetti, feathers, sparkle, secret toilet sets, stilt-walkers, pink flamingos and guaranteed feel-good tunes from an eclectic mix of world famous house DJs and disco legends. boilershop.net

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**More on Saturday**

More listings online
GETINTONEWCASTLE.CO.UK

**CLUB**

**Milk Presents: Chimpo & Samba**
Don’t miss out on a double-bill dub night at World HQ as Chimpo and Samba take to the Toon! Chimpo’s legendary DJ sets take in all the genres, drum and bass to grime, hip-hop and dubstep. Samba is flying the flag for a new generation of exciting dubstep. From £8, 11pm. World HQ, welovewhq.com

**FILM**

**The Contouring of Deafhoods**
London Short Film Festival presents a programme of films at Tyneside Cinema, looking at how deaf people negotiate the world around them. Featured short films include: Lightning, Boot, Words of Caramel, Tama and To Know Him. From £3.25, 3.30pm. Tyneside Cinema, tynesidecinema.co.uk

**MUSIC**

**FolkWorks: The Poozies**
The ever-adventurous Poozies are back on the road, showing off their fantastic new line-up and material – most of which makes up their hard-hitting new album, ‘Punch’. See the group perform live this Saturday at Sage Gateshead - don’t miss it! £15, 7.45pm. Sage, sagegateshead.com

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For the WEEKEND!

YAY for the Weekend!

Diaries at the ready for another fun-filled NE1 weekender...
Canine cafe
Start your Sunday with coffee and fluffy cuddles at Newcastle’s dog cafe, Dog and Scone. Kick-back with a latte and a piece of cake in the company of the cafe’s cutest, most well-behaved pups! dogandscone.com

Fairy story
Witness the magic of Bolshoi Ballet’s adaptation of the classic fairytale, Sleeping Beauty, at Tyneside Cinema this Sunday. Featuring sensational scores of whimsical characters like Little Red Riding Hood, Puss in Boots and a young Princess Aurora, performed by Olga Smirnova, it’s classical ballet at its finest. Make sure you add this to your do-this diary this weekend! tynesidecinema.co.uk

Free family fun!
Join a Sing Like a Canary: Sunday Assembly session at the Alphabetti Theatre this weekend! This community event celebrates life and performance in unique forms. Expect music, singing, creative stuff for kids and refreshments. A feel-good afternoon of free fun in NE1! alphabettitheatre.co.uk

Sweet symphony
Norwegian symphony orchestra, the Oslo Philharmonic, arrives at Sage Gateshead this weekend with their breathtaking sound. Buckle in and prepare for a thrilling afternoon of piano, violin, viola, cello, flute and more! sagegateshead.com

Scrummy Sunday
Make The Forth your Sunday lunch stop this week. Enjoy hearty traditional roasts, tasty snacks and sharers, including pork crackling sticks and deep-fried camembert, and comforting plates like sausage and mash! theforthnewcastle.co.uk

Tipple time!
Time to toast to the weekend at Lola Jeans. Sip on the finest gin-infused and North East-inspired cocktails, fruity mojitos, fizz and more. lolajeans.co.uk

Strong science
Get a taste of what it’s like to be a female circus performer at Discovery Museum’s StrongWomen Science event, starring female scientists-turned-circus performers, who will be revealing the scientific secrets behind their astounding tricks. discoverymuseum.org.uk

More on Sunday
More listings online GETINTONEWCASTLE.CO.UK
It’s Zaap time!

Suffering from the Monday blues? Zaap’s Curry Monday is just the thing to cheer you up! Grab some mates and enjoy a curry and beer (or a soft drink) for just £10. Go traditional with Thai red or green curry, or spice things up with a massaman or panang! zaapthai.co.uk

LIMMY: SURPRISINGLY DOWN TO EARTH, AND VERY FUNNY

Join Scottish comedian and writer, Limmy, at The Stand Comedy Club for a night of hilarious anecdotes and chit-chat as he introduces his new autobiography, ‘Surprisingly Down to Earth, and Very Funny’, featuring the true stories behind how this permanent tripper ended up on the telly. Tickets include an audience Q&A and book signing. Fab night! thestand.co.uk

KT TUNSTALL PLUS SUPPORT LAUREL

Following three sold-out rock club shows last year, award-winning singer-songwriter, KT Tunstall, is back on the road as part of a full UK and Ireland tour this March. See her at Sage Gateshead, where she’ll be performing tracks from her sixth studio album, WAX. With support from Laurel, you won’t want to miss this! sagegateshead.com

There’s always more...

FOOD & DRINK

STUDENT NIGHT AT COLONEL PORTER’S It’s student night down at Colonel Porter’s Emporium - bringing live DJs, drinks offers, spin-the-wheel happy hour and more! Don’t miss it. Free entry, 5pm - 12.30am. Colonel Porter’s Emporium, colonelporters.co.uk

LUNCH TIME DEALS Pop down to Mr Mulligan’s Space Golf on Newgate Street for some cracking lunch deals! Try the tasty 6oz burger or enjoy a 14” pizza and a drink for just £6. Simply turn up midweek and enjoy! What’s not to love? From £6, 11am - 5pm. Mr Mulligan’s Space Golf, mrmulligan.com

CLUB

DIGITAL MONDAYS Start the week with a bang! Digital Mondays are a Newcastle institution - the city’s longest running Monday night soiree with four rooms of the finest dancefloor anthems across all genres. 80p entry before midnight, 10pm - 3am. Digital, yourfutureisdigital.com

MUSIC

SKINNY LIVING Off the back of a sold-out UK tour in September, Skinny Living are on the road again, swinging by The Cluny this Monday for a must-see gig in the Toon! £8.50, doors 7.30pm, curfew 11pm. The Cluny, thecluny.com

MAGENTA SINGERS The Magenta Singers are a group of people of any age who are living with acquired aphasia, run in association with the NETA Aphasia Support Centre. Join the group every Monday during term time, for a friendly and supportive group sing at Sage Gateshead. From pop to blues and folk, there really is something for everyone at this super singing workshop. £70 (10 sessions), 1.30pm - 3pm. Sage, sagegateshead.com

More listings online GETINTONEWCASTLE.CO.UK

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SUBMIT YOUR LISTING email listings@ne1magazine.co.uk
Did you know that one in three women suffer from pelvic floor issues and up to 50% of women will develop pelvic organ prolapse? Recent evidence suggests that nearly 80% of women complete pelvic floor muscle exercises incorrectly, therefore it is important to receive specialist support. Many people delay treatment due to feeling embarrassed about their symptoms. Treatments available include manual therapies, pregnancy massage, exercise, neuromuscular electrical stimulation, biofeedback, trigger point release, taping techniques, acupuncture and specialist advice. Too many women say that they ‘wish they knew about women’s health physiotherapy sooner’ so enquire today and thank us later!

www.newcastle.gov.uk/graingermarket
Phone: 0191 211 5542
Email: markets@newcastle.gov.uk

January 20, 2023

CLINICAL SPECIALIST IN WOMEN’S HEALTH AND PELVIC FLOOR PHYSIOTHERAPY
15A Clayton Road, Jesmond, Newcastle, NE2 4RP
Tel: 0191 281 6084
Email: info@roseannagracephysio.co.uk
 rgphysiotherapy

Celebrating women’s health

ROSIE CONWAY IS A SPECIALIST WOMEN’S HEALTH PHYSIOTHERAPIST, BRINGING HER NEW BUSINESS TO THE NORTH EAST THIS SPRING. SHE TELLS US MORE ABOUT OUR PHYSICAL WELLBEING AND WHY IT IS SO IMPORTANT

The Grainger Market is light, bright and has 110 quality traders. Alongside craft stalls, mini bazaars, jewellers, plant stalls, you can find high quality butchers, artisan bakers, greengrocers, and award winning street food traders, coffee shops and cafes. On Saturdays there are art and craft, vintage and specialist art markets held inside the event space. So if you’re foodie or fashion conscious, a browser or a buyer the Grainger Market offers fresh and local, eats and seats, history and culture Monday to Saturday.

@BangOnBooks
@GraingerMarketNewcastle
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Adventures are for hero kids!

Bangonbooks.co.uk
123
The ideal gift
Add a photo &
Create in
for ages 2-10
special message
3 easy steps

Newcastle City Council

Classic and contemporary all under one roof
Deep Blue Something

March 2019 sees 90s American rock band, Deep Blue Something, tour the UK for the first time since they conquered the charts with their number one hit, Breakfast at Tiffany’s twenty years ago. After regrouping in 2016 to record their EP, ‘Locust House’, which has now been transformed into a full-length album, the guys are ready and raring to go, promising a high-energy show for fans old and young. Don’t miss their gig at The Cluny this Tuesday! thecluny.com

Not your cup of tea?

FOOD & DRINK
NANDINO’S MENU
Treat the kids to the delicious Nandino’s menu at Nandos, The Gate! For just £5.55, youngsters can tuck into a main, side and dessert! Get a free fun pack with every Nandino meal, including games and goodies! £5.55. Nandos, The Gate, nandos.co.uk

FILM
THE WHITE CROW PREVIEW + LIVE SATELLITE Q&A WITH RALPH FIENNES
The incredible true story of legendary dancer, Rudolf Nureyev is brought to life by Academy Award nominee, Ralph Fiennes and BAFTA winning screenwriter, David Hare. See the story unfold on screen at Tyneside Cinema this Tuesday - followed by a satellite Q&A with Ralph himself. From £10, 6.30pm. Tyneside Cinema, tynesidecinema.co.uk

HEALTH & WELLBEING
COUPLES RETREAT
Take special someone to All About You on Grey Street this Tuesday for the ultimate Couples Retreat! Enjoy an Elemis massage, 30 minutes facial, choccies and a glass of fizz for just £85. 10am - 8pm. All About You - Urban Beauty Retreat, allaboutyougsh.co.uk

KIDS
WHERE YOUR WINGS WERE... JOURNEYS WITH DAVID ALMOND
Embark on a journey through Tyneside like never before this Tuesday at Seven Stories. Discover how its landscapes, language and people inspired the magical stories of David Almond. £7.70 (adult), £6.60 (child 4-6), £2.50 (toddler 1-3), babies go free, 10am - 5pm. Seven Stories, sevenstories.org.uk

MUSIC
THE LEGENDARY TIGERMAN
The Legendary Tigerman takes on the rock ‘n’ roll ride full on, no more a one-man-band, now touring as an amazingly powerful trio with drums and sax! A unique performance live in the Toon! £12.50, doors 8pm, curfew 11pm. The Cluny, thecluny.com

OPERANORTH:
THE MAGIC FLUTE
Settle in at the Theatre Royal and lose yourself in the story of Opera North: The Magic Flute. The bewitching coming-of-age adventure follows Prince Tamino on his quest to rescue Pamina, daughter of the Queen of the Night, who is held captive by the Priest of the Sun. A tale of growing up, finding your way in the world and learning to love, it brings together dark fantasy, comedy and powerful drama - and all to Mozart’s miraculous music. A feast for the eyes and ears! theatreroyal.co.uk

WRITING ABOUT CLIMATE CHANGE AND CONSERVATION
Join writer, Jenna Clake, for a creative writing session about climate change and pollution and their effects on the natural world. After a crash-course in conservation, you’ll use everything you’ve learned to create thought-provoking pieces that address today’s top environmental issues. Writing materials will be provided, though you’re welcome to bring your own! greatnorthmuseum.org.uk

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WEDNESDAY WINNERS

WHERE THERE’S MUCK THERE’S BRAS
Performed by stand-up poet, Kate Fox, and actor, Joanna Holden, this hilarious and thought-provoking show about the real Northern Powerhouse, Northern Women – the sung and the unsung - is bound to lift the spirits. Settle in and lose yourselves in the funny performance/lecture as it uncovers the hidden history of the writers, scientists, sportswomen, politicians, protestors, musicians and other heroines who represent the grit, determination and spirit of the North’s women. northernstage.co.uk

Get started with acrylics
Get arty at the Laing Art Gallery! During this fun and informal workshop, you’ll learn basic acrylic techniques, using landscape and still-life as the subject matter. Using different types of brushstrokes, colour mixing and materials, you’ll also produce basic landscapes and still life masterpieces! Bring along your favourite palette and palette knife, water pot, round and flat headed brushes and paper. laingartgallery.org.uk

Try this

FOOD & DRINK
2-4-1 BURGERS ALL DAY WEDNESDAY Celebrate Hump Day with delicious burgers at The Holy Hobo! Get down to this foohie’s paradise for mouthwatering food that’s sure to give you a mid-week pick-up! All day, every Wednesday. The Holy Hobo, holyhobo.co.uk

DANCE
BALLROOM & LATIN (55+)
Find your feet at Dance City this Wednesday with a fun and informal ballroom and latin dance class! You’ll explore the originals of each dance as you learn to waltz, quickstep, tango, foxtrot, cha cha, rumba, sals and more! Go on, give it a go! From £6, 1.30pm - 2.30pm, every Wednesday. Dance City, dancecity.co.uk

THEATRE
SHAKESPEARE’S SPEAKEASY Can a group of strangers successfully stage a Shakespeare play in a day? Find out at Alphabetti Theatre’s Shakespeare’s Speakeasy this Wednesday night! An entertaining cast will impress audiences in a rough and ready Elizabethan fashion! Pay what you feel, 7.30pm. Alphabetti Theatre, alphabettitheatre.co.uk

ART
HEATHER PHILLIPSON: THE AGE OF LOVE Produced as a major new commission that responds to BALTIC’s vast Level 4 Gallery, Heather Phillipson presents a series of videos, sounds and objects that operate as landmarks in a remixed geology. See the exhibition this winter. Free, 10am - 6pm. Baltic, baltic.art

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**Book it now**
Time to plan ahead...

**JACK WHITEHALL: STOOD UP**
6 & 7 DECEMBER
Everyone’s favourite posh comedian is back on the road... swinging by the city’s Utilita Arena for two nights this December! After two years away from the stand-up comedy circuit, he’s back with his brand new tour, STOOD UP - promising to be the most hilarious show yet! Expect to hear side-splitting tales from his travels with his dad, stories from his time in showbiz - name dropping some of the stars he’s rubbed shoulders with along the way! Jack Whitehall is an absolute hoot and certainly one to add to your comedy calendars this year! utilitaarena.co.uk

**RAIN MAN**
8 - 13 APRIL
Based on the Oscar-winning film, which famously starred Tom Cruise and Dustin Hoffman, this attention-grabbing stage show is an absolute must-see for all you film-buffs out there! Following two long-lost brothers, one of whom has a remarkable memory, on their quest to get their hands on their family’s multi-million dollar fortune, it’s a funny and heartfelt tale that’s guaranteed to lift the spirits.
northernstage.co.uk

**JASON ISAACS**
14 MARCH
Hoochie Coochie is delighted to announce the return of Jason Isaacs - dubbed the North East’s ‘King of Swing’. Having toured the world, from USA to Thailand, Spain and Germany, Jason returns to his hometown with a show that’s guaranteed to knock your socks off! Audiences will be treated to two sets, one devoted to all things swing and jazz, followed by a selection of upbeat soul and funk numbers to dance the night away to!
hoochiecoochie.co.uk

**EUROPEAN RUGBY CHALLENGE CUP - 2019 NEWCASTLE FINALS**
10 - 11 MAY
Rugby is coming to the home of the Magpies this May and it’s a must on your summer sporting calendar! St James’ Park will be the centrepiece of Europe’s festival of world-class club rugby on Friday 10th and Saturday 11th May 2019. The Challenge Cup final will take place on the Friday, with the blue-ribbon Heineken Champions Cup decider scheduled at the home of the Toon on the Saturday. It’s the greatest weekend in club rugby and it’s coming to our city. Don’t miss it this May! epcrugby.com

**A WEDDING LESS ORDINARY**
15 APRIL
In the middle of wedding planning and looking for a bit of unique inspiration? Brides and grooms-to-be are invited to Boiler Shop’s A Wedding Less Ordinary event this April - offering up a bespoke blend of innovative and creative wedding suppliers. Find the best live entertainers, bakers, creative makers and tips from the North East’s leading industry experts.
boilershop.net
Find out where to park free after 5pm at getintonewcastle.co.uk
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<td>We Are 90s Dance Live A Decade of 90s Euro Dance</td>
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<td>The Twisted Circus 2 ft. Trinity The Tuck, Naomi</td>
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<td>Thu 25th Apr</td>
<td>Tom Walker</td>
</tr>
<tr>
<td>Fri 3rd May</td>
<td>Craig David presents TS5</td>
</tr>
<tr>
<td>Fri 6th Dec</td>
<td>FROM THE JAM: Setting Sons 40th Anniversary Tour</td>
</tr>
</tbody>
</table>

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